



## Psychotherapy and Mental Health - Billing Fact Sheet

### Psychotherapy Coding Notes (Adapted from the 2022 AMA CPT® Manual)

- A unit of time is satisfied when the midpoint is passed. In other words, a unit of time can be billed if the actual time spent was more than 50% of the time listed on the code.
  - For example: If the unit for a code is 60 minutes, that code is billable when 31 or more minutes were spent providing that service
- When codes are ranked in progressively increasing units of time and the time spent on performing the service is between two units of time, choose the code with the unit of time that is closest to the actual time spent.
- Do not report psychotherapy of less than 16 minutes duration

### Billable Psychotherapy/Mental Health Procedure Codes

Adapted from NH Medicaid to Schools Billing Guidelines and Billable Procedure Codes  
Effective July 1, 2022

Code	Mod 1	Mod 2	Rate Effective 1/1/2021	Unit	Max Units Allowed	Description	Notes and Guidelines (Adapted from the 2022 AMA CPT® Manual)
90791	TM		\$63.78	EV - Eval	2 per year	Psychiatric diagnostic evaluation	
90832	TM		\$53.15	30 mins	1 per day	Individual mental health psychotherapy, 30 minutes	Billable when 16-37 minutes are spent delivering the service
90832	TM	HQ	\$26.58	30 mins	1 per day	Mental health psychotherapy, in a group, each 30 minutes	Billable when 16-37 minutes are spent delivering the service
90834	TM		\$67.02	45 mins	1 per day	Individual mental health psychotherapy, 45 minutes with patient	Billable when 38-52 minutes are spent delivering the service
90837	TM		\$74.23	60 mins	1 per day	Individual mental health psychotherapy, 60 minutes with patient	Billable when 53 or more minutes are spent delivering the service
90839	TM		\$89.19	60 mins	1 per day	Individual mental health psychotherapy for crisis, first 60 minutes with patient	Used to report the first 30-74 minutes of psychotherapy for crisis on a given date
90840	TM		\$22.74	Additional 30 mins	2 per day	Individual mental health psychotherapy for	Used to report additional blocks of

						crisis, each additional 30 minutes	time up to 30 minutes each beyond the first 74 minutes
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