

# Delaware Cancer Consortium Early Detection and Prevention Committee October 9, 2017

Minutes-APPROVED
The Outlook at the Duncan Center
500 West Loockerman Street
Dover, DE

#### **Attendees**

**Members** 

Did not attend Vikas Batra, MD, FACP, FC – Sussex Pulmonary & Endocrine Consultants, PA

Attended Heather Bittner-Fagan – Christiana Care Health System

Attended Kathleen Connors-Juras – American Cancer Society

Did not attend Eileen Edmunds – Delaware Breast Cancer Coalition

Did not attend Stephen Grubbs, MD – American Society of Clinical Oncology
Attended Nora Katurakes, RN, MSN, OCN – Christiana Care Health System

Did not attend Carolee Polek, RN, MSN, PhD – DE Diamond Chapter of the Oncology Nursing Society

Attended Judith Ramirez – Beebe Hospital – Tunnell Cancer Center
Did not attend Albert Rizzo, MD FACP FCCP – Christiana Care Health System

Did not attend Robert Sikes, PhD.- University of Delaware

Attended Michael R. Zaragoza, MD, FACS – Delaware Prostate Cancer Coalition

**Staff** 

Attended Rosemary Doughten – Delaware Division of Public Health

Attended Lisa Henry – Delaware Division of Public Health
Attended Katie Hughes – Delaware Division of Public Health
Attended Melissa Keiper – Delaware Division of Public Health
Attended Zeinab Baba – Delaware Division of Public Health

**Public/Guests** 

Attended Andrea Rodi – Quality Insights

Attended Roxanne Fletcher – Quality Insights

Attended Jo Wardell – Delaware Quitline

## **Welcome/Review/Approval of Minutes**

Dr. Heather Bittner-Fagan, acting as chair for Dr. Stephen Grubbs, began the meeting at 10:10 am. The minutes from the July 10, 2017 meeting were approved as written.

### **Old & New Business**

### Quality Insights of Delaware Assessment & National Quality Forum (NQF) Presentation

Ms. Andrea Rodi of Quality Insights provided a presentation on Delaware cancer screening quality improvement projects. Quality Insights has partnered with the Screening for Life program to improve cancer screening rates for colorectal, breast, cervical and lung cancer. Quality Insights forms partnerships with provider's offices to conduct workflow assessments. Once the initial workflow assessment is completed, Quality Insights works with the providers' offices to set up clinical reminders, order screening tests, secure memorandums of understanding with screening facilities, track referral orders, document results, implement patient reminders, conduct FluFit campaigns, and monitor NQF reports. The Cancer Screening Quality Improvement was initiated in 2015 and has expanded each year. A baseline was established for one year prior to the project engagement. Numbers and percentages for cancer screenings have increased each year.

Ms. Rodi informed the committee that Quality Insights started developing lung cancer screening measures. Once development is complete they hope to engage additional sites for preventative lung cancer screening. An initiative of Delaware Division of Public Health is to increase screening rates for prevention and this is also one of the goals of this committee.

## **Cancer Screening Guidelines: Breast**

As Medical Director for the Screening for Life (SFL) program, Dr. Heather Bittner-Fagan presented a summary of guidelines and evidence on Breast Screening Guidelines for Average Risk Women. Her presentation compared the recommendations from Screening for Life, American College of Obstetricians and Gynecologists (ACOG), U.S. Preventive Services Task Force (USPSTF), American Cancer Society (ACS) and the National Comprehensive Cancer Network (NCCN). Most recommendations were very similar but when there was a noticeable difference, she provided alternative language to be used for the SFL guidelines. There was much discussion regarding the beginning age recommendation for clinical breast exams. Dr. Bittner-Fagan suggested changing the guideline for SFL from: Annual for women 18-39 to: Annual for women 25-39, every 1-3 years or educate and encourage all women to be familiar with how their breasts normally look and feel and report any changes to a health care provider right away. Another change that was recommended by Dr. Bittner-Fagan was in regards to the mammography stop age. The change is from: continue screening as long as provider deems clinically necessary; to: Engage patients who are over the age of 75 or have a life expectancy of less than 10 years in shared decision making regarding discontinuing mammography.

## **Lung Cancer Data**

Due to the length of the meeting, Dr. Bittner-Fagan asked the group to wait until the January 2018 meeting to present Lung Cancer Data. The committee agreed.

#### **Sharing Time**

No items were discussed.

## **Public Comment**

No items were discussed.

#### Adjournment

The meeting was adjourned at 11:25 am.

#### **Attachments**



Delaware Cancer Screening Project O



Breast Screening Guidelines.EDP Mee



SFL.Breast Screening Guideline

Meeting documentation is available on the DCC website (www.healthydelaware.org) or by contacting Rosemary Doughten. (Rosemary.Doughten@state.de.us or 302-744-1000).

# Future Meeting (s)

Next Meeting(s): The Outlook at the Duncan Center 500 West Loockerman Street Dover, DE 19901 Monday, January 8, 2018, 10:00 am - 11:30 am Monday, April 9, 2018, 10:00 am - 11:30 am Monday, July 9, 2018, 10:00 am - 11:30 am Monday, October 8, 2018, 10 am - 11:30 am