**Attendees**

**Delaware Cancer Consortium**

**Early Detection & Prevention Committee**

**January 13, 2020**

**Minutes-APPROVED**

**Delaware Technical Community College**

**400 Campus Drive**

**Dover, DE 19904**



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| **Members** |  |
| Did Not Attend | Vikas Batra, MD, FACP, FC – Sussex Pulmonary & Endocrine Consultants, PA |
| Attended | Heather Bittner-Fagan, MD, MPH – Christiana Care Health System |
| Attended | Vicky Cooke – Delaware Breast Cancer Coalition |
| Attended | Tiffany Edwards – Sussex County Health Coalition |
| Attended via Phone | Stephen Grubbs, MD – American Society of Clinical Oncology |
| Did Not Attend | Sarah Hutton, EdD – Boys and Girls Club of Delaware |
| Attended | Nora Katurakes, RN, MSN, OCN – Christiana Care Health System |
| Attended | Kate Mastalski, CHES – American Cancer Society |
| Attended | Stephanie McClellan, MSN, RN, CMSRN – Bayhealth Medical Center |
| Attended | Carolee Polek, RN, MSN, PhD – DE Diamond Chapter of the Oncology Nursing Society |
| Did Not Attend | Judith Ramirez, EdD, MA – Beebe Hospital – Tunnell Cancer Center |
| Attended | Albert Rizzo, MD, FACP, FCCP – Christiana Care Health System |
| Attended | Lisa Schirtzinger – Nanticoke Health Services |
| Attended | Robert Sikes, PhD. – University of Delaware |
| Attended | Sarah Toborowski – Quality Insights |
| Attended | Crystal Wright – Henrietta Johnson Medical Center |
| Did Not Attend | Michael R. Zaragoza, MD, FACS – Delaware Prostate Cancer Coalition |
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| **Staff** |  |
| Attended | Stephanie Belinske – Delaware Division of Public Health |
| Attended | Rosemary Doughten – Delaware Division of Public Health |
| Attended | Katherine Hughes – Delaware Division of Public Health |
| Attended | Melissa Keiper – Delaware Division of Public Health |
| Attended | Jessica Miles – Delaware Division of Public Health |
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| **Public/Guests** |  |
| Attended | Robyn Brehn, BSN, RN, OCN – Christiana Care Health System |
| Attended | Carla Brison – Westside Family Healthcare |
| Attended | Midline Estimable – Delaware Breast Cancer Coalition |
| Attended | Jasmin Fontes – Westside Family Healthcare |
| Attended | Lisa Gruss – Quality Insights |
| Attended | Pam James-White – La Red Health Center |
| Attended | Tricia Jefferson – YMCA of Delaware |
| Attended | Rosalia Ramos – Delaware Breast Cancer Coalition |
| Attended | Lori Sellers – La Red Health Center |
| Attended | Francesca Vogel – Delaware Breast Cancer Coalition |
| Attended | Jo Wardell – Delaware Quitline |
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**Welcome/Review/Approval of minutes**

**Review/Approval of Minutes**

Chair, Dr. Heather Bittner-Fagan began the meeting at 10:05 am. Ms. Stephanie McClellan with Bayhealth Medical Center made a motion to approve the October 14, 2019 meeting minutes with changes made.

**Lung Cancer Screening Data**

Ms. Stephanie Belinske, Epidemiologist with the Division of Public Health, gave a presentation on the continuum of lung cancer in Delaware. The presentation included data from the Behavioral Risk Factor Survey (BRFS) as well as the Cancer Incidence and Mortality Report. Ms. Belinske reviewed cigarette smoking prevalence in Delaware as well as lung cancer screening recommendations with the committee. Based on the findings Ms. Belinske said that there are 31,036 Delaware adults who are currently estimated to be eligible for lung cancer screening (15,868 current cigarette smokers and 15,167 former cigarette smokers). Dr. Stephen Grubbs mentioned that the previous data showed about 37,000 smokers were eligible. Ms. Belinske clarified that the data being presented has been pulled from BRFS, and it cannot be compared to the previous clinical data. Ms. Belinske continued by providing demographic information for individuals who are eligible for a lung cancer screening. Ms. Belinske reported that the 2018 BRFS results showed that of those eligible for a lung cancer screening 19.7%, or approximately 5,979 Delawarean adults, reported having a CT or CAT scan for lung cancer. Of those who were eligible for screening 23.0% reported having a CT or CAT scan for lung cancer for a reason other than screening. In total of those eligible who were eligible for screening 57.2% reported not having an annual CT or CAT scan for lung cancer. Of those who were eligible but not screened:

**Age**

* 60.4% were 55-64
* 39.6% were 65-80

**Sex**

* 51.8% were Male
* 48.3% were Female

**Education**

* 55.9% had a high school diploma or less
* 44.1% had at least some college

**Annual Household Income**

* 51.2% had an annual household income of less than $35,000
* 48.8% had an annual household income of $35,000 or more

**County of Residence**

* 18.4% reside in Kent
* 51.1% reside in New Castle
* 30.6% reside in Sussex

Ms. Belinske concluded by highlighting the following key takeaways:

* 2018 was the first year BRFS asked questions aimed to determine the lung cancer screening eligible population
* 31,035 Delaware adults are currently estimated to be eligible for lung cancer screening
  + 15,868 current cigarette smokers
  + 15,167 former cigarette smokers
* Only 10% of the eligible population were Non-Hispanic African Americans
  + This could be a sampling error, but the committee should continue to monitor this over time

Ms. Nora Katurakes asked if it is possible to run more recent data from our lung registry? Stephanie Belinske stated that we are not able to run more recent data. While the data is being captured it cannot be used for reporting until it is complete and certified. In response, Dr. Bittner-Fagan wanted to know how long it takes for the data to be available for use? Stephanie Belinske stated that it will be a several years. The next Cancer Incidence and Mortality report will be completed in July for the years 2012-2016. Dr. Grubbs wanted to know if it would be possible to look at the data in three years instead of five years as the committee did with colorectal cancer? Stephanie Belinske stated that the data is released every year, but she does not believe there will be a significant amount of changes within the next couple of years, and it is possible but that it is not a decision she can make. Ms. Katherine Hughes said that she will take that question back to the Division of Public Health and provide an update at the next meeting.

**Lung Cancer 5-year Plan**

Ms. Katherine Hughes Program Director for the Division of Public Health’s Screening for Life and Health Care Connection program provided a brief update on the Delaware Cancer Consortiums lung cancer 5-year plan. Ms. Hughes said that Goal 1 focused on continuing to promote lung cancer screening. Ms. Hughes noted two key accomplishments that have been made towards reaching this goal. The first was a secondary Analysis of Delaware's census tracts was completed using the 2011-2015 all-site cancer incidence rates. Lung cancer was found to be significantly elevated 5 times (census tracts 401.00 (male), 504.08 (overall, male, & female), 507.04 (overall, male), 508.02 (male), 508.03 (female). Targeted outreach in these census tracts is planned during the next run of the lung cancer campaign. The second update was the committee’s work to expand lung cancer screenings to those with an occupational exposure and/or those exposed to secondhand smoke. Ms. Hughes reminded the committee that the lung cancer screening guidelines were reviewed, and second level criteria was added for Screening for Life clients that includes individuals 50 years of age and older who have a 20-pack year history of smoking and additional risk factors such as occupational exposure.

Ms. Hughes continued with Goal 2, which is to analyze data from the lung cancer screening data base. Ms. Hughes stated that lung cancer screenings should be reported in the American College of Radiology (ACR) database, and that the Screening for Life program is working with ACR to determine reporting capabilities. Goal 3 addresses informing and educating health care providers and public on available resources. Ms. Hughes stated that the initial lung cancer screening campaign ran heavily, and that an analysis was performed to identify potential gaps in marketing efforts to inform a future campaign. Ms. Hughes also stated that an academic curriculum was developed and will be rolled out in 2020 with the six partnering providers offices, and that both Dr. Rizzo and Dr. Bittner-Fagan reviewed the curriculum and provided feedback.

Ms. Hughes provided highlights from Goal 4, which aims to encourage healthy lifestyles and reduce risky behaviors. Two new commercials were developed, one was based on secondhand smoke and the second was on vaping. Ms. Hughes stated that development of a toolkit for vaping is currently underway. The toolkit will provide resources and general information on vaping, as well as resources for teachers, parents, and providers. Polytech will pilot the toolkit which was developed in collaboration with the Department of Education. The toolkit will include curriculums, fact sheets, policies to address vaping in school, signs, information on how to talk to kids, and so forth.

Katherine Hughes provided a highlight from Goal 5 which aims to initiate and support policies and programs to reduce use an exposure to secondhand smoke. On July 16, 2019, legislation passed Senate Bill 25, which increased the age of sale of tobacco products to 21 years old, and also amended the Clean Indoor Air Act, to prohibit individuals under 21 from entering vapor establishments. In addition, Ms. Hughes stated Delaware Health Fund Advisory Committee recommended increasing funding for tobacco prevention activities for FY21.

Ms. Hughes discussed Goal 6, which aims to prevent initiation of tobacco, nicotine, and emerging products use among youth and young adults. The Division of Public Health is working to implement evidence-based tobacco prevention programs and communities. These include the provision of mini grants and funding of youth led activities such as such as Kick Butts Generation. And assisting schools with implementing Botvin Lifeskills curriculum which includes traditional tobacco use prevention as well as e-cigarettes.

Lastly, Ms. Hughes highlighted Goal 7, increase the number of Delawareans who stopped using tobaccos and nicotine products. The main accomplishment for this goal is lowering the age requirements for the Quitline so that those under the age of 18 can now benefit from the Quitline.

**Delaware Cancer Consortium Accomplishment Document**

Ms. Katherine Hughes presented the draft Accomplishments Document for the Delaware Cancer Consortium (DCC). The document provides notable Delawarean’s with a list of notable achievements the DCC has made in working towards the State’s five-year cancer plan Ms. Hughes asked for the committee to review and provide any feedback. The Accomplishments Document is scheduled to be release at the next DCC meeting on April 20.

**Screening for Life Update**

Ms. Katherine Hughes presented an update on Screening for Life program. Ms. Hughes gave an overview on the history of the program, and how screenings are funded. Ms. Hughes stated tat the program is on track to reach its screening goals for breast, cervical, and colorectal cancer

Dr. Albert Rizzo asked how the program tracks how long a client in enrolled in the program especially for lung screening? Katherine Hughes stated that clients must reenroll each year, and that program evaluation has shown that many clients enrolled in Screening for Life for lung cancer screening because they are not meeting the pack year requirement. Ms. Nora Katurakes asked if there are still banners at pharmacies to encourage lung cancer screenings? Ms. Hughes said that the banners were part of a paid, and the campaign is currently inactive. However, it is still a tactic that will be used in the future.

Ms. Stephanie McClellan suggested that the state to do a clinical trial looking a patients who aren’t eligible for lung cancer screening because they don’t meet the pack years, but they have been smoking other forms of tobacco that are not on the form, because she has seen patients with lung cancer that are smoking just not cigarettes but can not get a screening because they do not meet the pack years. Ms. Hughes agreed that the clinical trial could help with figuring out why African Americans are highest for lung cancer but are not eligible for screening because of pack years but said that that state is prohibited from participating in clinical trials or research of that nature.

**Public Comment**

Jo Wardell with Delaware Quitline announced the Delaware Quitline has extended their phone coaching services with state approval to those who are 13 years and older.

**Adjournment**

The meeting was adjourned at 11:30 am.

**Attachments**



Meeting documentation is available on the DCC website (www.healthydelaware.org) or by contacting Jessica Miles (Jessica.Miles@delaware.gov or 302-744-1065).

**Future Meeting (s)**

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| **Next Meeting:**  **Monday, April 20, 2020, 10:00 am – 11:30 am**  **Corporate Training Center at Delaware Technical Community College**  **400 Campus Drive, Dover, DE 19904** | **Remaining 2020 meetings:**  **Monday, July 13, 2020**  **Monday, October 12, 2020** |